# EVS VACANCIES

- ODEMIRA 2017 -



## 1. Município de Odemira (Odemira Municipality) **YOUTH WORK, MEDIA & COMMUNICATION**

Date: 01.11.2017 — 31.10.2018 Place: Odemira – Portugal

Host organization: MUNICÍPIO DE ODEMIRA

The project intends to approach the young people of Odemira, with a view to captivating them with the potential of becoming involved with the various programs promoted, in the scope of international opportunities, entrepreneurship, training, etc.

For this, it is intended to create a new approach, using the various digital and / or existing relationship tools.

Full description of project (Page 4)

## 2. Rota Vicentina - Association for the Promotion of Nature Tourism in the Alentejo

## ACTIVE TOURISM AND NATURE AND SUSTAINABLE DEVELOPMENT, MEDIA

Date: 01.11.2017 — 31.10.2018 Place: Odemira – Portugal

Host organization: ROTA VICENTINA - Association for the

Promotion of Nature Tourism in the Alentejo

Rota Vicentina is a non-profit association founded in 2013 to manage, maintain, integrate, empower and promote the "touristic product" that Rota Vicentina represents. One volunteer will be hosted by Rota Vicentina to get involved, actively participate and give support to the Volunteering and Maintenance Program in place within the Rota Vicentina Association, designed to ensure the effective maintenance of the actual and future network of walking and biking paths. Volunteer will support to produce rich and emotional media contents – chronicles, photography and video – about all outdoor dimensions of the project, including the maintenance of the trails and volunteer actions, member companies' lifestyle and businesses, tourists and journalists while enjoying the trails and local community identity and culture.

Full description of project (Page 5)

#### 3. GAIA Alentejo/ Transition movement of São Luís

## **ENVIRONMENT AND SUSTAINABLE COMMUNITIES**

Date: 01.11.2017 — 31.10.2018 Place: S. Luís – Portugal

Host organization: GAIA Alentejo/Transition movement of

São Luís

GAIA is a Portuguese environmental NGO, working in Alentejo region with local rural communities. This EVS

position focuses on the Transition movement: the initiative of citizens who are aware of current global environmental and social challenges, are active in their local community and are connected in local, national and international networks. One volunteer will be hosted by the local Transition initiative of São Luís, for 12 months, and will support the activities lead by the Transition work groups and/or other local associations. The focus of this EVS vacancy will be permaculture, local production and consumption.

Full description of project (Page 7)

### 4. GAIA Alentejo/ Youth Workshop **YOUTH**

Date: 01.11.2017 — 31.10.2018 Place: S. Luís – Portugal

Host organization: GAIA Alentejo/Transition movement of

São Luís

GAIA is a Portuguese environmental NGO, working in Alentejo region with local rural communities. One volunteer will be hosted inside the Youth Workshop project for 12 months. OFICINA (workshop) is a space in São Luís open for the local population, where young people can create and share ideas, develop activities for the community or make personal projects come true. The focus of this EVS vacancy will be media production.

Full description of project (Page 9)

### 5. Sociedade Recreativa S. Teotoniense **CULTURE & ARTS**

Date: 01.11.2017 — 31.10.2018

Place: S. Teotónio - Odemira - Portugal

Host organization: Sociedade Recreativa S. Teotoniense,

**IPSS** 

SRST Sociedade Recreativa S. Teotoniense is a non profit association that offers support and protection activities for children, youth and families. The association coordinates a nursery (children aged 3 to 36 months) in S. Teotónio, as well as cultural activities and a School of Music and Arts. Hosting a volunteer in SRST consists in a diverse and dynamic program of activities, in the area of expressions (dramatic, musical, body) and in the production and promotion of events, enhancing the sharing of experiences and acquisition of new competences.

Full description of project (Page 11)

## 6. A Copa da Vida - Associação para a Cultura e Natureza

## ENVIRONMENT AND SUSTAINABLE ECO-COMMUNITY

Date: 01.11.2017 — 31.10.2018

Place: Colos – Portugal

Host organization: A Copa da Vida - Associação para a

Cultura e Natureza

A Copa da Vida is a portuguese non-profit-association, running a seminar-place and environmental activities, as well as providing retreat places in Vale Bacias – Alentejo. The Intention is the manifestation of a sustainable, conscious and loving way of life.

Immersed in the neighbourhood, A Copa da Vida loves to connect with other regional and international eco-so-cio-cultural projects.

We ask the volunteers to be interested in nature, community, communication and a simple and alternative lifestyle.

Full description of project (Page 12)

1. MUNICÍPIO DE ODEMIRA (ODEMIRA MUNICIPALITY)

# YOUTH WORK, MEDIA & COMMUNICATION

**01.11.2017 - 31.10.2018** 

Plac

Odemira – Portugal

Host organization

Município de Odemira

#### HOSTING ORGANISATION

"Odemira Acredita em Ti" is a project in the field of youth that aims to affirm the youth and their role in the municipality of Odemira, promoting territorial competitiveness for the young and their mobilization for civic participation active. A cross-sectional design to various areas (participation, citizenship and bond; economy and innovation, housing, culture and leisure, education and environment, employment and initiative, eco-tourism, sustainable and adventure, energy efficiency, sport adventure ...) that is developing.

Resulting from several projects in various areas expressed, it is intended that the volunteers, can not only help create new dynamics of the use and enjoyment by the community, develop related experiments aimed at improvement of implemented projects, promotion of projects with the various public, add value and knowledge to technicians who will interact, absorb knowledge that can carry into our reality. Presentation of new solutions and practical measures of valuation of projects.

#### **DESCRIPTION OF EVS PROJECT**

The project intends to approach the young people of Odemira, with a view to captivating them with the potential of becoming involved with the various programs promoted, in the scope of international opportunities, entrepreneurship, training, etc.

For this, it is intended to create a new approach, using the various digital and / or existing relationship tools. The volunteer is expected to be actively involved in supporting the Odemira Acredita em Ti project, but also to have the skills to produce rich and emotive content (chronicles, photography and video) about all the activities promoted by youth.

#### **TASKS**

- Photo and video coverage of all promoted activities to share through social media
- Production of small video clips about all aspects of the project, including partners and their work;
- Maintenance of a Blog about his/her experience and the other volunteers, during the voluntary experience
- Accompany and produce a 'Making of' of the promotional videos to be produced

#### **ACCOMMODATION/ FOOD/ TRANSPORTS**

The volunteer will be housed in Odemira in a T0 or T1, leased for the purpose.

Meals will be provided through a monthly payment to the volunteer.

For travel within the scope of the activities carried out in the EVS, the transport shall be provided by the organization. The remaining trips will be provided by the local transport network.

#### **PROFILE OF VOLUNTEER**

- Interest in participating in the promotion of youth policies;
- Interest in radio (web) and Social Networks
- Responsibility, autonomy, dynamism and creativity
- Ability to adapt and communicate
- Teamwork
- Flexible hours
- Technical interest in photography, video and creative writing
- Knowledge of photo and video editing

#### **APPLICATION DOCUMENTS**

Send your CV with a photo and Motivation Letter, in Portuguese or English, to juventude@cm-odemira.pt, until March 22, 2017.

Specific interests and motivations should be presented in the Motivation Letter.



## 2. ROTA VICENTINA - ASSOCIATION FOR THE PROMOTION OF NATURE TOURISM IN THE ALENTEJO

## ACTIVE TOURISM AND NATURE AND SUSTAINABLE DEVELOPMENT, MEDIA

Date **01.11.2017 - 31.10.2018** Place **Odemira – Portugal** 

Host organization
ROTA VICENTINA
Association for the Promotion of Nature Tourism in the
Alentejo

#### HOSTING ORGANISATION

Rota Vicentina – Association for the Promotion of Nature Tourism in the Alentejo and Vicentina Coast, is a non-profit association, founded on 05th June 2013, to manage, maintain, integrate, empower and promote the "touristic product" that Rota Vicentina represents. There are currently 170 partner companies, a team of 7 people working every day at the office, more than 150 volunteers, and a number of public entities that form the wide partnership created around the project.

Rota Vicentina is a network of walking trails in Sw Portugal, totalling 400 km to walk, along the most beautiful and best preserved coastline of Southern Europe. Comprising the Historical Way, the Fishermen's Trail and several Circular Routes, proposes a unique experience of two worlds, between a living and authentic rural culture and a surprisingly wild coastline – fully within Sw Alentejo and Vicentina Coast Natural Park.

Conceived as a public structure, the Rota Vicentina intends to establish itself as a defining characteristic of the region, becoming viable via the most natural of human practices – walking – and contributing unequivocally towards to the sustainability of rural areas through the promotion of economic activity, stimulation of existing activities and services, maintenance and enhancement of local culture and traditions, encouraging new business creation and promoting the destination out of season.

#### **DESCRIPTION OF EVS PROJECT**

One volunteer will be hosted by Rota Vicentina to get involved, actively participate and give support to the Volunteering and Maintenance Program in place within the Rota Vicentina Association, designed to ensure the effective maintenance of the actual and future network of walking and biking paths.

Volunteer will support to produce rich and emotional media contents – chronicles, photography and video – about all outdoor dimensions of the project, including the maintenance of the trails and volunteer actions, member companies' lifestyle and businesses, tourists and journalists while enjoying the trails and local community identity and culture.

#### TASKS

- Organization, support and field work during trail maintenance campaigns and specific actions like garbage collection or acacia clearing

- Recruiting of volunteers and Trail Care Takers to strengthen the volunteers community
- Organization of awareness campaigns for local community
- Conception of a "Volunteer Campus" destined to international volunteers
- Photo and video coverage of all group maintenance actions to share through social media
- Production of small video clips about all aspects of the outdoor dimensions of the project, including partner companies and their work; events, inaugurations and public sessions happening during the volunteering period, among other occasions
- Creation of a Blog about his/her experience during the voluntary experience
- Accompany and produce a 'Making of' of the promotional videos to be produced
- Collect data from Ecocounters and collaborate on the collection of answers in the trail to the hiker's questionnaire

#### **ACCOMMODATION/ FOOD/ TRANSPORTS**

The volunteer will be housed in Odemira in a T0 or T1, leased for the purpose.

Meals will be provided through a monthly payment to the

For travel within the scope of the activities carried out in the EVS, the transport shall be provided by the Association. The remaining trips will be provided by the local transport network.

#### **PROFILE OF VOLUNTEER**

Interests:

- Passion for the countryside and living in a rural area
- Interest in active nature tourism and sustainable development
- Filming
- Travel photography and writing
- Outdoor sports hiking, biking, surf
- Social Media

#### Personal Skills:

- Responsibility, autonomy, dynamism and creativity
- Excellent interrelation skills and high communication ability
- Team work
- Good English spoken and written
- Flexibility to work on weekends

- Interest and technical abilities in photography, video, writing in native and English language and for maintaining a blog and feed social media platforms (it is mandatory to send a portfolio or evidence of previous works). Must have own material: camera/video camera and laptop
- Know-how on photo and video editing software

#### **APPLICATION DOCUMENTS**

Send your CV with a photo and Motivation Letter, in Portuguese or English, to juventude@cm-odemira.pt, until March 22, 2017.

Specific interests and motivations should be presented in the Motivation Letter.



3. GAIA ALENTEJO/ TRANSITION MOVEMENT OF SÃO LUÍS

## ENVIRONMENT AND SUSTAINABLE COMMUNITIES

Date 01.11.2017 - 31.10.2018

Place S. Luís – Portugal

Host organization
GAIA Alentejo/Transition
movement of São Luís
gaiaalentejo.wordpress.com
facebook.com/SVE-GAIA-

Alentejo-183468988491962/

#### **HOSTING ORGANISATION**

GAIA is a Portuguese Environmental NGO. Since 1996 we've conducted numerous campaigns on local and national level and have been involved in international campaigns, mainly at European level. GAIA is presently active in Lisboa and Alentejo region, aiming at raising awareness on environmental issues such as ecoconsumption, food sovereignty and freedom of seeds, nonGMO and the transition movement to a future without oil. Two work spaces are open in Lisboa and São Luís (Alentejo).

GAIA Alentejo's objectives are: awareness raising on environmental issues and global environmental challenges; promoting the active involvement of local communities through the use of participatory techniques; promoting ecological lifestyles. Target groups are the local people of all ages in the village of São Luís, where GAIA Alentejo operates.

In Alentejo region GAIA works with rural communities. GAIA Alentejo currently supports the Oficina (Workshop) project for young people in São Luís, the Transition movement initiative of São Luís and the RECO network of local producers and consumers - these projects are lead by citizens and are focused on rural sustainable development in Odemira municipality. In São Luís regular activities happen in Oficina, offering continuous support to youth and youth associations and one-off events lead by local young people. Other activites are lead by the work groups inside the Transition movement: meetings, open talks, workshops, cultural events, community art projects, markets of local products.

#### **LOCAL CONTEXT**

São Luís village, where the EVS activity occurs, is located in Odemira municipality, region of Southern Alentejo. Odemira is the largest municipality in Portugal, in what concerns the size of the territory, with a significant dispersion of the population. It is mainly rural, in particular in the interior part. It has a large coast by the Atlantic ocean, with many beached and an accentuated touristic activity in Summer.

São Luís is located 14km away from the sea and 17km away from the head of the municipality, Odemira. There is public transportation to Lisboa and to the Algarve (ca. 2 times a day) and to Odemira (ca. 3 times a day). São

Luís has about 2000 inhabitants, one primary school, one pharmacy, elders' care, health centre, bank, one traditional market, bakery, a couple of mini markets and a lot of coffee shops and restaurants. It is a traditional community of Alentejo and the main economic activities involve agriculture, cattle, cork, forestry, small commerce and services. The local cultural context is dynamic, with a combination of traditional cultural and contemporary art, typical events throughout the year and an arts exhibition in Summer. Local population has mainly older people, as young people tend to move to the cities looking for opportunities of higher education and employment.

#### **DESCRIPTION OF EVS PROJECT**

This EVS position focuses on the Transition movement: the initiative of citizens who are aware of current global environmental and social challenges, are active in their local community and are connected in local, national and international networks.

[ The international Transition movement, distinguished in 2012 by the EU European Economic and Social Committee (1st prize Civil Society Prize), has the purpose to support community-led responses to peak oil and climate change, building resilience and happiness, respecting self-organisation, diversity and subsidiarity. For further research: worldwide movement http://www.transitionnetwork.org/ and Transition Portugal http://transicaoportugal.net/]

One volunteer will be hosted by the local Transition initiative of São Luís, for 12 months, and will support the activities lead by the Transition work groups and/or other local associations. The focus of this EVS vacancy will be permaculture, local production and consumption. The volunteer should be available to perform different kind of tasks.

#### **TASKS**

- To support the conception, preparation, implementation and documentation of one-off events (debates, films presentation, workshops, walks...), held by Transition São Luís and local partners;
- To support permaculture activities: vegetable garden, food forest, construction of ecological systems;
- To support the confection of handmade cosmetics;
- To participate and help organising gatherings of the Transition network in Portugal;

- To support implementing ReCo network of ecological production and consumption in Alentejo region.

#### **ACCOMMODATION/ FOOD/ TRANSPORTS**

- The volunteer will lodge in a shared house in São Luís, together with the other volunteer hosted by GAIA Alentejo. In this house, the volunteer will have an individual bedroom. The house is fully equipped, has a shared living room and a kitchen where the volunteer can freely prepare her/his meals. It is possible to host volunteer's guests.
- Part of the meals (lunches at weekdays) will be prepared by the local entity Casa do Povo de São Luís. The rest of the meals are prepared by the volunteer, for which s/he receives a monthly fee.
- The volunteer will have a bicycle for local transport in São Luís. Whenever necessary to travel outside of São Luís for EVS activities, GAIA assures the organisation of transports, free of charge to the volunteer.
- $\ensuremath{\mathsf{GAIA}}$  Alentejo assures free access to Internet at the working place.

#### **PROFILE OF VOLUNTEER**

The volunteer to be hosted in Transition movement São Luís project should:

- have a clear interest in ecological lifestyles and in reflecting upon society, thinking globally and acting locally;
- have a clear motivation to live in a small community (2000 inhabitants) with rural characteristics for one year;
- have interest and capacity to learn Portuguese language;
- be active in her/his local community and to be experienced in associations or other kind of social movements:
- have the personal interest to develop one or more of the following competences: experience in Transition movement, at local, national and international level; knowledge about climate change, peak oil, crisis of the current financial system; inner transition; techniques/methodologies for self-organisation inside a community, participation, project management, permaculture activities and production of natural cosmetics; information and communication techniques.

#### **APPLICATION DOCUMENTS**

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#### 4. GAIA ALENTEJO/ YOUTH WORKSHOP

## YOUTH

01.11.2017 - 31.10.2018

Place

S. Luís – Portugal

Host organization
GAIA Alentejo/Transition
movement of São Luís
gaiaalentejo.wordpress.com
facebook.com/SVE-GAIAAlentejo-183468988491962/

#### HOSTING ORGANISATION

GAIA is a Portuguese Environmental NGO. Since 1996 we've conducted numerous campaigns on local and national level and have been involved in international campaigns, mainly at European level. GAIA is presently active in Lisboa and Alentejo region, aiming at raising awareness on environmental issues such as ecoconsumption, food sovereignty and freedom of seeds, nonGMO and the transition movement to a future without oil. Two work spaces are open in Lisboa and São Luís (Alentejo).

GAIA Alentejo's objectives are: awareness raising on environmental issues and global environmental challenges; promoting the active involvement of local communities through the use of participatory techniques; promoting ecological lifestyles. Target groups are the local people of all ages in the village of São Luís, where GAIA Alentejo operates.

In Alentejo region GAIA works with rural communities. GAIA Alentejo currently supports the Oficina (Workshop) project for young people in São Luís, the Transition movement initiative of São Luís and the RECO network of local producers and consumers - these projects are lead by citizens and are focused on rural sustainable development in Odemira municipality. In São Luís regular activities happen in Oficina, offering continuous support to youth and youth associations and one-off events lead by local young people. Other activites are lead by the work groups inside the Transition movement: meetings, open talks, workshops, cultural events, community art projects, markets of local products.

#### **LOCAL CONTEXT**

São Luís village, where the EVS activity occurs, is located in Odemira municipality, region of Southern Alentejo. Odemira is the largest municipality in Portugal, in what concerns the size of the territory, with a significant dispersion of the population. It is mainly rural, in particular in the interior part. It has a large coast by the Atlantic ocean, with many beached and an accentuated touristic activity in Summer.

São Luís is located 14km away from the sea and 17km away from the head of the municipality, Odemira. There is public transportation to Lisboa and to the Algarve (ca. 2 times a day) and to Odemira (ca. 3 times a day). São

Luís has about 2000 inhabitants, one primary school, one pharmacy, elders' care, health centre, bank, one traditional market, bakery, a couple of mini markets and a lot of coffee shops and restaurants. It is a traditional community of Alentejo and the main economic activities involve agriculture, cattle, cork, forestry, small commerce and services. The local cultural context is dynamic, with a combination of traditional cultural and contemporary art, typical events throughout the year and an arts exhibition in Summer. Local population has mainly older people, as young people tend to move to the cities looking for opportunities of higher education and employment.

#### **DESCRIPTION OF EVS PROJECT**

This EVS position focuses on the Transition movement: the initiative of citizens who are aware of current global environmental and social challenges, are active in their local community and are connected in local, national and international networks.

[ The international Transition movement, distinguished in 2012 by the EU European Economic and Social Committee (1st prize Civil Society Prize), has the purpose to support community-led responses to peak oil and climate change, building resilience and happiness, respecting self-organisation, diversity and subsidiarity. For further research: worldwide movement http://www.transitionnetwork.org/ and Transition Portugal http://transicaoportugal.net/]

One volunteer will be hosted by the local Transition initiative of São Luís, for 12 months, and will support the activities lead by the Transition work groups and/or other local associations. The focus of this EVS vacancy will be permaculture, local production and consumption. The volunteer should be available to perform different kind of tasks.

#### **TASKS**

- To create information and dissemination material, including vídeo;
- To support the implementation of gatherings of local young people and events led by them;
- To support the elaboration of reports and documentation, regarding youth events;
- To maintain updated information on internet: blog, facebook, Instagram;
- To support developing opinion surveys (questionnaires,

#### interviews...);

- To support maintaining OFICINA space.

#### ACCOMMODATION/ FOOD/ TRANSPORTS

- The volunteer will lodge in a shared house in São Luís, together with the other volunteer hosted by GAIA Alentejo. In this house, the volunteer will have an individual bedroom. The house is fully equipped, has a shared living room and a kitchen where the volunteer can freely prepare her/his meals. It is possible to host volunteer's guests.
- Part of the meals (lunches at weekdays) will be prepared by the local entity Casa do Povo de São Luís. The rest of the meals are prepared by the volunteer, for which s/he receives a monthly fee.
- The volunteer will have a bicycle for local transport in São Luís. Whenever necessary to travel outside of São Luís for EVS activities, GAIA assures the organisation of transports, free of charge to the volunteer.
- GAIA Alentejo assures free access to Internet at the working place.

#### PROFILE OF VOLUNTEER

The volunteer to be hosted in Youth Workshop project should:

- have a clear interest in ecological lifestyles and reflecting upon society, thinking globally and acting locally;
- have a clear motivation to live in a small community (2000 inhabitants) with rural characteristics for one year;
- have interest and capacity to learn Portuguese language;
- be active in her/his local community and to be experienced in associations or other kind of social movements;
- have the personal interest to develop competences in the fields of technology and innovation, youth and participation;
- be motivated to animate spaces where young people get together, encouraging contact making and sharing of experiences;
- be able to work with information and communication technologies;
- be able to create and publish digital media materials (audio, video, photo podcasts) and other graphic materials (flyers, posters), as well as communication and design, in order to support the intervention of OFICINA.

#### **APPLICATION DOCUMENTS**

Send your CV with a photo and Motivation Letter, in Portuguese or English, to juventude@cm-odemira.pt, until March 22, 2017.

Specific interests and motivations should be presented in the Motivation Letter.



5. SOCIEDADE RECREATIVA S. TEOTONIENSE

## CULTURE & ARTS

**01.11.2017 - 31.10.2018** 

Place

S. Teotónio - Portugal

Host organization
Sociedade Recreativa
S. Teotoniense, IPSS

#### HOSTING ORGANISATION

The Sociedade Recreativa S. Teotoniense (SRST), IPSS is located in S. Teotónio, municipality of Odemira. It is a non-profit association and its main objectives are, through the cooperation and assistance of its members, to provide support and protection activities for children, young people and families in the field of social security, health, education and Vocational training and services taking into account the needs of the areas concerned; The concession of goods and the organization of cultural and recreational events and the promotion of associative principles and practices.

The Association is divided into two different buildings: The Nursery "Os Calculinhos" that works with children from 3 to 36 months; And the Headquarters Building where all kinds of events are promoted and where there is a School of Music and Arts promoting the local culture for the general population.

EMA - School of Music and Arts aims to offer partners and the community in general a diversity of artistic activities. The offer ranges from music classes, theater, dance, sport, specific thematic workshops, event production, promotion of musical groups, theater and events with and for the community. The following classes are currently underway:

- Music / singing for adults and children;
- Guitar (different levels); Choir; Musical Education;
- Creative Dance for Children and Youth and Adult Dance Dances;
- Theater for children and young people;

#### **DESCRIPTION OF EVS PROJECT**

The hosting of a volunteer at SRST is part of a diversified and dynamic program of activities in the context of expressions (dramatic, musical, corporal), the production of shows and the promotion of events, allowing the sharing of experiences and the Acquisition of new skills.

Due to the characteristics of the Building and the characteristics of the Association, the volunteer will not have difficulty finding space to develop his own project.

The volunteer will be integrated in a friendly environment where there is no discrimination based on race, gender, religion or political ideals.

#### **TASKS**

Headquarters Building - Logistic support for events /

shows, support for the production of shows performed by EMA, Audio recording and editing of music created by students, support for the dissemination of events held at SRST, support for EMA activities, photographic and Footage of events.

"Os Calculinhos" Nursery - Development of a Dramatic Expression project with children from 12 to 36 months.

#### **ACCOMMODATION/ FOOD/ TRANSPORTS**

The volunteer will be housed in S. Teotónio in a T0 or T1, leased for the purpose.

The lunch during the weekdays, like the staff of the Institution, will be held at "Os Calculinhos". Dinner and weekend meals will be provided through a monthly payment to the volunteer.

For travel within the scope of the activities carried out in the EVS, the transport shall be provided by the Association. The remaining trips will be provided by the local transport network.

#### PROFILE OF VOLUNTEER

- Interest and skills in artistic expression
- Audio recording and editing skills
- Interest in photography and film
- Personal interest in developing a dramatic expression project with children from 12 to 36 months
- Ease and availability to perform various tasks
- Flexibility in schedules and availability to work at night and on weekends
- Responsible and open to new life experiences
- Proactive and autonomous
- Interest and ease in learning the Portuguese language
- Motivation to live in a village with rural characteristics and a floating immigrant population

#### **APPLICATION DOCUMENTS**

Send your CV with a photo and Motivation Letter, in Portuguese or English, to juventude@cm-odemira.pt, until March 22, 2017.

Specific interests and motivations should be presented in the Motivation Letter.

6. COPA DA VIDA

## ENVIRONMENT AND SUSTAINABLE ECO-COMMUNITY

01.11.2017 - 31.10.2018

Place Colos – Portugal

Host organization
A Copa da Vida - Associação
Para Cultura e Natureza

#### HOSTING ORGANISATION

A Copa da Vida is a portuguese non-profit-association, running a seminar-place and environmental activities, as well as providing retreat places in Vale Bacias – Alentejo. The Intention is the manifestation of a sustainable, conscious and loving way of life.

Immersed in the neighbourhood, A Copa da Vida loves to connect with other regional and international eco-socio-cultural projects.

In December 2013 the Swiss non-profit Pinú'u-Foundation acquired Vale Bacias

"One Last Time Forever" thereby liberating the land from speculative resale.

"A Copa da Vida - Nature, Seminars, Retreats" is hosting different international initiatives in Vale Bacias - since 2012 - in order to co-operate in developing a lifestyle, based on ecological and social awareness.

The involved members from different nationalities and ages are caring for 99hectars of land, with native forest, located in Odemira municipality, in the rural area of Colos. A Copa da Vida works together in a partnership with "Ecointerventions" who initiated and care for a tree nursery and the reforestation in Vale Bacias. We are part of a local network of organic farmers, ecosocial projects in the region and we are in supportive exchange with our neighbours according to services and products.

The aim of the association is to create sustainable communities where people can work together in a social, economic and spiritual way in cooperation with the environment for increasing the vitality of nature, communication between people as well as peace and harmony in the world - also by organizing cultural and ecological events.

We are located in Southern Portugal, in the Alentejo, in a landscape of soft rolling hills, cork oaks, olive trees, wandering sheep flocks, friendly people and a lot of sun. It is also a landscape which is affected by advancing desertification. There is not a lot of water available in the summer. This is why we have already started to build two lakes / water retention space.

#### **DESCRIPTION OF EVS PROJECT**

Since from our point of view, diversity and complexity is enriching our lives - and also because we have the capacities, we wish to share our knowledge as much as we can - in order to support the development and learning of volunteers. We want to do that on different

levels: Besides specific knowledge in different subjects we also offer the possibilty for sharing and exchanging topics and experiences in group processes - by using NVC (non-violent communication). Usually it's increasing comfortability, if more volunteers in a similar age and phase in life are part of the group. For forming that group, we can imagine to coordinate different volunteers in different projects in the same time.

#### **TASKS**

The working time will be spent in coordination with and support from the team / group of A Copa da Vida in following activities:

- reforesting:

Helping with multiplying seeds and trees, planting and replanting trees, strimming, learning about diversity and natural habitats, pruning and grafting trees

- horse work:

Helping to care for food, water, building fences, keeping the horse places clean and safe, riding and participating in the horse workshops and seminars.

- preparing and infrastructure, house building: Helping on current building sites - mainly wooden houses, water- and electricity supply systems.
- supporting the youth care team: Helping with cooking for bigger groups, accompanying activities and trips with the youth
- garden work, permaculture:

Helping with preparing new garden spaces, weeding, seeding, watering, harvesting, learning about permaculture, healing plants, processing and conserving fruits and vegetables.

- supporting the seminar team: Helping with preparing the Little Seminar House for workshops and wellcoming seminar guests.

#### **ACCOMMODATION/ FOOD/ TRANSPORTS**

The volunteers will share a room with one or two more volunteers in our Swabedou Youth House.

We offer free transport by car once a week to Odemira for the language course and at least two times a week a lift to Colos or Reliquias.

We also offer free use of a bicycle.

#### **PROFILE OF VOLUNTEER**

We ask the volunteers to be interested in nature, community, communication and a simple and alternative lifestyle. We don't have any prejudice related to ethnic

group, religion, sexual orientation, political opinion, etc. Since we are a drug-, meat-, smoke- and alcohol-free place and because we want to support the youth in getting / staying free of adictions, we expect the volunteers to respect these conditions 100%.

The volunteers should be interested in living close with nature and should be open for:

- gaining conciousness about their communication and action patterns
- learning, training and implementing Non Violent Communication in daily life
- sharing daily life in a group of 12/15 people
- tolerance towards people with special needs
- simple infrastructure (compost toilets, solar depending hot water supply)
- low media presence

#### **APPLICATION DOCUMENTS**

Send your CV with a photo and Motivation Letter, in Portuguese or English, to juventude@cm-odemira.pt, until March 22, 2017.

Specific interests and motivations should be presented in the Motivation Letter.

